



## SWIMMING LESSONS – WINTER 2023 SESSION

DIEPPE AQUATIC AND SPORTS CENTRE  
January 21 to April 5, 2023

**PRESCHOOL SWIMMING**  
Cost: \$70 - Duration: 25 min.

### Parent & Tot 1

18 to 24 months – with parent

#### SATURDAY

9 a.m., 12 p.m., 2:30 p.m.

#### SUNDAY

9 a.m., 12 p.m.

### Parent & Tot 2

24 to 36 months – with parent

#### SATURDAY

10 a.m., 11:30 a.m., 1 p.m.

#### SUNDAY

10 a.m., 1 p.m.

#### WEDNESDAY

4 p.m.

### Parent & Tot 3

3 to 4 years – with parent

#### SATURDAY

9:30 a.m., 11 a.m. 12:30 p.m.

#### SUNDAY

9:30 a.m., 11:30 a.m., 12:30 p.m., 2 p.m.

#### MONDAY

4:30 p.m.

#### WEDNESDAY

5 p.m., 6 p.m.

### Preschool 1 & 2

3 to 4 years (Prerequisite: Parent & Tot 3)

#### SATURDAY

10:30 a.m., 1:30 p.m.

#### SUNDAY

10:30 a.m., 1:30 p.m., 2:30 p.m.

#### MONDAY

4 p.m., 5:30 p.m.

#### WEDNESDAY

4:30 p.m., 5:30 p.m.

### Preschool 3 & 4

3 to 4 years (Prerequisite: Preschool 2)

#### SATURDAY

2 p.m.

#### SUNDAY

11 a.m.

**SWIM FOR LIFE**  
Cost: \$95 - Duration: 40 min.

### Swimmer 1

5 to 13 years

#### SATURDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.,  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

#### SUNDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.,  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

#### MONDAY

4 p.m., 4:45 p.m., 5:30 p.m., 6:15 p.m.

#### WEDNESDAY

4 p.m., 4:45 p.m., 5:30 p.m., 6:15 p.m.

### Swimmer 2

5 to 13 years – See reception for prerequisite

#### SATURDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.,  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

#### SUNDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.,  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

#### MONDAY

4:45 p.m., 5:30 p.m., 6:15 p.m.

#### WEDNESDAY

4:45 p.m., 5:30 p.m., 6:15 p.m.

**SWIM FOR LIFE**  
Cost: \$95 - Duration: 55 min.

### Swimmer 3

5 to 13 years – See reception for prerequisite

#### SATURDAY

9 a.m., 10 a.m., 11 a.m., 12 p.m., 1 p.m.,  
2 p.m.

#### SUNDAY

9 a.m., 10 a.m., 11 a.m., 12 p.m., 1 p.m.,  
2 p.m.

#### MONDAY

5 p.m., 6 p.m.

#### WEDNESDAY

5 p.m., 6 p.m.

### Swimmer 4

5 to 13 years – See reception for prerequisite

#### SATURDAY

9 a.m., 10 a.m., 11 a.m., 12 p.m., 1 p.m.,  
2 p.m.

#### SUNDAY

9 a.m., 10 a.m., 11 a.m. 1 p.m.

**SWIM FOR LIFE**  
Cost: \$95 - Duration: 55 min.

### Swimmer 5 / 6

5 to 13 years – See reception for prerequisite

#### SATURDAY

9 a.m., 10 a.m., 12 p.m.

#### SUNDAY

12 p.m., 2 p.m.

### Swimmer 7 / 8

5 to 13 years – See reception for prerequisite

#### SATURDAY

11 a.m.

#### SUNDAY

11 a.m., 1 p.m.

### Swimmer 9 / 10

5 to 13 years – See reception for prerequisite

#### SATURDAY

12 p.m.

#### SUNDAY

2 p.m.

### Fitness Swimmer

5 to 15 years – See reception for prerequisite

#### SUNDAY

12 p.m.

## REGISTRATION

### Residents of Dieppe

January 9, 2023, starting at 6 p.m.

### Non-residents

January 11, 2023, starting at 6 p.m.

Registration can be done online ([dieppe.ca](http://dieppe.ca)) or in person (111 Aquatique Street). In order to proceed with online or in-person registration, a profile number is required. For more information, please visit [dieppe.ca/aquatic](http://dieppe.ca/aquatic).

Registration by telephone will not be accepted.

Dieppe Aquatic and Sports Centre  
506.877.7881