

Instructions for swimming lessons

Before and during the lesson

- Swimmers must shower before entering the pool.
- Please be certain your child has gone to the bathroom before his swimming lesson. During his swimming lesson, your child can be excused at any time to use the bathroom.

Required items

- Special diapers designed for swimming must be worn by all children still in diapers or who are not completely trained.
- We recommend that you use a lock for your locker as management disclaims all liability for items lost or stolen.
- The use of nose clips during swimming lessons is forbidden.
- The use of goggles is not recommended before level 3.

Illnesses

- Anyone suffering from a contagious disease or from diarrhea cannot use the pool facilities. A person should wait seven days after the last symptoms before returning to the pool.

Pool side rules for parents

- Only swimmers are allowed to remain pool side. Parents and spectators must go to the observation deck.
- Shoes are strictly forbidden on the pool side.
- To ensure that children have a safe return home, accompanying adults must be present when swimming lessons end.
- We recommend that parents or guardians remain in the building during swimming lessons.

Behaviour and discipline

- Lifeguards and management reserve the right to impose sanctions or expel anyone from the premises, if a person refuses to follow the rules and regulations, interferes with standard operations classes or poses a threat to the security of other swimmers.

Cancellation of a swimming lesson

- If there is a cancellation of a swimming lesson due to the closure of the pool (water contamination), the Centre will contact participants of classes affected as soon as possible. In case of inclement weather, cancellation of lessons or closure of the Centre will be announced on the Cancellation Info-line 384.DIEP (3437).
- A child pass and an adult pass for public swim will be given to all participants, if their swimming lesson has been cancelled (contamination or closure due to inclement weather).
- For logistic and uniformity reasons, classes will not be replaced.