## Let's recycle our milk bags for Haiti project





The Let's recycle our milk bags for Haiti project was launched by the City of Dieppe's Youth action committee to collect bags in order to assist Haitians.

The project's goal is to collect plastic milk bags and transform them into mattresses, blankets, curtains, doors or even handbags.

## **Mattresses**

Approximately 500 bags are required to make an adult mattress, while about half that amount is required for a children's mattress. The lifespan of these mattresses is close to 20 years.

Using mattresses protects people from direct contact with the soil, leading to a reduction in the spread of hookworm, small worm-like parasites that enter the human body through the skin. These parasites can cause problems with digestion and the nervous system, anemia and other health issues.

## How can you help?

You can take part in the project by dropping off your bags (those containing three bags of milk) in specific bins located at the Dieppe Public Library or the Arthur-J.-LeBlanc Centre.

INFO: matelaspourhaiti@hotmail.com or 877.7900

The Youth action committee provides an official voice to Dieppe's young people by promoting their vision as well as their concerns regarding community development issues. The Committee provides an opportunity for youth to exchange ideas between themselves, as well as to dialogue with those who - through their actions or their decisions - can have an impact on the community in which young people live.