



# SWIMMING LESSONS – FALL 2019 SESSION

DIEPPE AQUATIC AND SPORTS CENTRE

**PRESCHOOL SWIMMING**  
Cost: \$60 - Duration: 25 minutes

## DUCK

18 to 24 months – with parent

### SATURDAY

9 a.m., 1:30 p.m.

### SUNDAY

11 a.m.

### WEDNESDAY

5:30 p.m.

## SEA TURTLE

24 to 36 months – with parent

### SATURDAY

11:30 a.m., 1 p.m.

### SUNDAY

10 a.m., 11:30 a.m., 1:30 p.m.

### MONDAY

6 p.m.

## SEA OTTER

3 to 4 years – with parent

### SATURDAY

9:30 a.m., 12 p.m., 12:30 p.m., 2 p.m.

### SUNDAY

10:30 a.m., 1 p.m., 2:30 p.m.

### MONDAY

4 p.m., 4:30 p.m.

### WEDNESDAY

4 p.m., 6 p.m.

## SALAMANDER / SUNFISH

3 to 4 years (Prerequisite: Sea otter)

### SATURDAY

10 a.m., 10:30 a.m., 2:30 p.m.

### SUNDAY

9 a.m., 9:30 a.m., 12 p.m., 12:30 p.m., 2 p.m.

### MONDAY

5 p.m., 5:30 p.m., 6:30 p.m.

### WEDNESDAY

4:30 p.m., 6:30 p.m.

## CROCODILE / WHALE

3 to 4 years (Prerequisite: Sunfish)

### SATURDAY

11 a.m.

### WEDNESDAY

5 p.m.

**JUNIOR SWIMMING**  
Cost: \$85 - Duration: 40 minutes

## JUNIOR 1

5 to 13 years

### SATURDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

### SUNDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

### MONDAY

4 p.m., 4:45 p.m., 5:30 p.m., 6:15 p.m.

### WEDNESDAY

4 p.m., 4:45 p.m., 5:30 p.m., 6:15 p.m.

## JUNIOR 2

5 to 13 years – See reception for prerequisite

### SATURDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

### SUNDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

### MONDAY

4:45 p.m., 5:30 p.m., 6:15 p.m.

### WEDNESDAY

4 p.m., 4:45 p.m., 5:30 p.m., 6:15 p.m.

## JUNIOR 3

5 to 13 years – See reception for prerequisite

### SATURDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

### SUNDAY

9 a.m., 9:45 a.m., 10:30 a.m., 11:15 a.m.  
12 p.m., 12:45 p.m., 1:30 p.m., 2:15 p.m.

### MONDAY

4:45 p.m., 5:30 p.m., 6:15 p.m.

### WEDNESDAY

4:45 p.m., 5:30 p.m., 6:15 p.m.

## JUNIOR 4

5 to 13 years – See reception for prerequisite

### SATURDAY

9 a.m., 10:30 a.m., 11:15 a.m., 12 p.m.

### SUNDAY

9:45 a.m., 10:30 a.m., 12 p.m., 12:45 p.m.,  
1:30 p.m., 2:15 p.m.

## JUNIOR 5 / 6

5 to 13 years – See reception for prerequisite

### SATURDAY

10:30 a.m., 12:45 p.m.

### SUNDAY

11:15 a.m., 1:30 p.m., 2:15 p.m.

## JUNIOR 7 / 8

5 to 13 years – See reception for prerequisite

### SATURDAY

9:45 a.m., 11:15 a.m., 2:15 p.m.

### SUNDAY

11:15 a.m., 12:45 p.m.

### MONDAY

4 p.m.

## JUNIOR 9 / 10

5 to 13 years – See reception for prerequisite

### SATURDAY

9:45 a.m., 1:30 p.m.

### SUNDAY

10:30 a.m.

### WEDNESDAY

4 p.m.

## SWIMMING STYLE IMPROVEMENT

5 to 13 years – See reception for prerequisite

### SUNDAY

12 p.m.

## REGISTRATIONS

**Residents of Dieppe** – August 26, 2019 starting at 6 p.m.

**Non-residents** – August 28, 2019 starting at 6 p.m.

Registration will be held online ([dieppe.ca](http://dieppe.ca)) or in person (111 Aquatique Street). In order to proceed with online or in-person registration, a profile number is required. For more information, please visit [dieppe.ca](http://dieppe.ca)

Registrations by telephone will not be accepted.